

Roland S. Ramdass DPM

Professional Experience:

Foot and Ankle Center Winchester, VA – Podiatrist 7/05 - Present
New York City Public School - Science Teacher 9/96 – 6/98

Academic Preparation:

Post Graduate

Podiatric Surgical Resident PM&S 36/Chief Resident Wyckoff Heights Medical Center
Brooklyn, NY 7/02-6/05

Graduate

Doctor of Podiatric Medicine New York College of Podiatric Medicine New York, NY
7/98-6/02

Undergraduate

Bachelor of Science-cum laude City University of New York-York College Jamaica, NY
1/92-6/95

Professional License

- Virginia Podiatric Medical License
- West Virginia Podiatric Medical License
- New York State Podiatric Medical License

Professional Affiliations

- Inova Loudoun Hospital – Lansdowne, VA 07/05 - Present
- Inova Loudoun Surgi-Center – Lansdowne, VA 07/05 - Present
- Winchester Medical Center – Winchester, VA 07/05 - Present
- Winchester Surgi-Center – Winchester, VA 07/05 – Present
- Valley Health Surgi-Center – Winchester, VA 01/18 - Present

Positions Held

- VPMA – Board of Directors, Treasurer, Secretary, Vice President, President 2009 – Present
- NBPME – Examination Committee Member, Reviewer, Writer, Workshop Participant, Board of Directors, Treasurer, Vice- President 2019- present
- ABFAS – Clinical Examination Committee, Case Review Committee, COTH Representative 2015- Present
- ACFAS – Mid-Atlantic Regional President 2018 – Present
- INOVA Fairfax Residency Training Committee 2009 – present
- Valley Health Surgi Center – Management Committee Member 2018 - 2019
- Clinical Operations Committee - Inova Loudoun Surgi-Center 2007-2012

Board Certification

- Board Certified in Forefoot Surgery and Rearfoot Reconstructive and Ankle Surgery – American Board of Podiatric Surgery 9/08
- Recertification 2/2016

Academic Awards/Honors

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- Sidney Solid Academic Award
- Second Place - Student Poster Presentation at the American College of Foot and Ankle Surgeons Annual Conference 3/01

Professional Development

- Ankle Joint Arthroplasty – Trained and Certified in Zimmer TM, Wright Medical INBONE and Infinity Implant with Prophecy Protocol, STAR, Integra Cadence
- Charcot Reconstruction using External Fixators – ACFAS Annual Pre-Conference Workshop – 3/05, 3/06
- Participant in the 14th Annual Baltimore Limb Deformity Conference with workshops and seminars in use of the Taylor Spatial Frame - Baltimore, MD 9/04
- American College of Foot and Ankle Surgeons Arthroscopy Course Rosemont, IL 12/03
- Attended the American College of Foot and Ankle Surgeons Annual Conference 3/01-3/19
- Resident facilitator at the New York Annual Podiatric Conference Rearfoot Techniques - Cadaver Workshop 2003-04

Publications

- Comparison of split peroneus brevis to semitendinosus allograft lateral ankle reconstruction. JFAS 11/2019.
- The Multiplanar Effect of First Metatarsal Osteotomy on Sesamoid Position – JFAS 1/10
- Intraarticular Calcaneal Fractures - The Effects of the Location of the Primary fracture line and prognostic implications - a review of 100 cases – JFAS 8/06
- Second Metatarsophalangeal Joint Instability – Podiatric Medical Journal Winter 2001
- Extracorporeal Shock Wave Therapy – A New Alternative Treatment for Plantar Fasciitis – Podiatric Medical Journal Spring 2002

Lectures/Workshops

- ACFAS Regional Complications Seminar – 10/2018 to present
- Osteomed Educational Training Seminars/Workshops 2009 - present
- VPMA Annual Scientific Conference. Speaker 2009 – present
- NCPMA Winter Meeting – Speaker 1/16, 2/20
- Mid-Atlantic Podiatry Conference – Speaker – 11/10
 - Principles of Locking Plates in Foot and Ankle Surgery
 - Use of Mini Rails in Foot and Ankle Surgery
- Inova Podiatric Residency – Multiple Lectures/Academic/Surgical Workshops in Foot and Ankle Surgery - 3/09- present
- Mid-Atlantic Podiatry Conference – Speaker – 10/09
 - Tendon Transfer in the Neurologically Compromised Patient
- Orthofix Mid Atlantic External Fixation Seminar – 10/08
- Mid-Atlantic Podiatry Conference – Speaker – 10/07
 - Calcaneal Fractures – Still a Challenging Dilemma
 - Second Metatarsophalangeal Joint Instability

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- SBI Workshop – Key Facilitator – External Fixation applications in Foot and Ankle Surgery – 7/07, 8/08
- ACFAS Chapter Meeting - Use of External Fixation in Complex Foot and Ankle Surgery – 7/07
- Winchester Medical Center Grand Rounds – The Diabetic Foot - 5/06
- Wyckoff Heights Medical Center - Weekly Grand Rounds - Multiple Lectures Presented - 7/02 – 6/05

Papers Presented at Conferences

- Digit Preserving Surgical Therapy for Invasive Melanoma of the Toe – Poster Presentation ACFAS Annual Conference 2/20
- Functional Results following Posterior Tibialis Tendon Transfer in Drop Foot Reconstruction Surgery – Poster Presentation ACFAS ASC 2/20
- Comparison of Allograft reconstruction versus Split Peroneus Tendon transfer in patients with Chronic Ankle Instability – Manuscript ACFAS ASC 3/19
- Allograft Reconstruction in patients with Ehlers Danlos Syndrome – Manuscript and Poster Presentation – ACFAS Annual Scientific Conference March 2019
- The Multiplanar Effect of First Metatarsal Osteotomy on Sesamoid Position – Poster Presentation – ACFAS Annual Meeting Washington, DC 3/09
- Effect of First Metatarsal Osteotomies on the Sesamoidal to Second Metatarsal Distance for Bunion Deformities –presented at the ACFAS Annual Meeting 3/09
- Second Metatarsophalangeal Joint Instability – Poster Presentation – ACFAS Annual Meeting New Orleans, LA 3/01
- Hallux Limitus: A review – Poster Presentation – ACFAS Annual Meeting – Los Angeles, CA 3/02

Research in Progress

- Midfoot Fusions – A comparison of fixation constructs and rates of union
- Incidence, Description and Anatomy of low-lying Peroneus Brevis Muscle – A Cadaveric Study
- Incidence of Talar collapse after TTC fusion.

Professional Memberships

- American College of Foot and Ankle Surgeons
- American Podiatric Medical Association
- Virginia Podiatric Medical Association

Volunteer/Community Service

- Shenandoah PA Program – Podiatric Adjunct Lecturer/Advisor and Clinical Site Facilitator – 2009 - present
- INOVA Fairfax Podiatric Residency Program - Volunteer Attending
- Valley Health, Wellness Center – Arthritis of the Foot and Ankle – 3/09- present
- Valley Health – Community Awareness Television Interview on Podiatric Manifestation of Diabetes – 7/08
- Mentor - Gifted Independent Study High School Program – 1/07 - Present

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- Healing the Children NE Foot and Ankle Mission Cusco, Peru – Podiatric Surgeon 5/08
- Participated and facilitated podiatric screening and diabetic foot care education at multiple hospital and community outreach programs/fairs – New York, NY
- New York and Boston Marathon - Medical Team 2001-03

References furnished upon request